# LAUNDRY TIPS AND CHEAT SHEETS

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### HOW TO REMOVE MILDEW SMELLS FROM TOWELS + CLOTHES:

#### ONE

WASH YOUR LOAD OF TOWELS/CLOTHES IN THE HOTTEST WATER POSSIBLE AND ADD 1 CUP OF WHITE VINEGAR TO THE LOAD. DO NOT USE DETERGENT, FABRIC SOFTENER OR BLEACH. ONLY HOT WATER AND VINEGAR.

#### TWO

WHEN THE CYCLE IS COMPLETE, WASH AGAIN AS YOU NORMALLY WOULD WITH LAUNDRY DETERGENT.

#### THREE

IF YOU STILL SMELL A MILDEW, REWASH WITH HOT WATER AND 1/2 CUP OF BAKING SODA - NOTHING ELSE.

#### FOUR

DRY IN THE DRYER ON HIGH HEAT SETTING WITH YOUR FAVORITE DRYER SHEET. MAKE SURE THEY GET COMPLETELY DRY.

## LAUNDRY STAIN CHEAT SHEET:

IT'S BEST TO TREAT A STAIN AS SOON AS POSSIBLE. IF YOU CAN'T GET TO IT RIGHT AWAY, BABY WIPES CAN OFTEN WORK WONDERS ON SMALL STAINS. NEVER PUT A STAINED ITEM IN THE DRYER, IT WILL SET THE STAIN. ALWAYS AIR DRY TO MAKE SURE STAIN IS GONE.

- \* BLOOD HYDROGEN PEROXIDE OR HOMEMADE STAIN REMOVER.
- \* INK MASSAGE WITH RUBBING ALCOHOL, HAND SANITIZER OR HAIR SPRAY AND RINSE RINSE WITH COLD WATER.
- \* FOOD GREASE DAWN DISH SOAP OR HOMEMADE STAIN REMOVER.
- \* CHOCOLATE RINSE WITH COLD WATER, PRETREAT WITH HOMEMADE STAIN REMOVER.
- \* MAKEUP PRETREAT WITH HOMEMADE STAIN REMOVER.
- \* GUM FREEZE IT WITH ICE CUBE, THEN IT SHOULD RUB OFF.
- \* KETCHUP/RED SAUCE RUN UNDER COLD WATER, PRETREAT WITH HOMEMADE STAIN REMOVER.

### HOMEMADE STAIN REMOVER:

1 PART BLUE DAWN DISHWASHING LIQUID 2 PARTS 3% HYDROGEN PEROXIDE

MIX AND POUR OR SPRAY DIRECTLY ON STAIN. LAUNDER AS USUAL AND WATCH IT DISAPPEAR LIKE MAGIC.

IF YOU WANT TO MIX BOTTLE TO KEEP WITH YOUR LAUNDRY, IT'S BEST STORED IN A DARK CONTAINER/SPRAY BOTTLE.

FOR TOUGH STAINS, USE AN OLD TOOTHBRUSH TO SCRUB STAIN WITH STAIN REMOVER AND LET IT SIT 20 MINUTES TO OVERNIGHT BEFORE WASHING.